

Date: 17-FEB-2025

Bangalore

To,

Principal Dr Alok Roy sir,

SAMC&H

Respected Sir,

Subject: Requisition for conducting Free Women's Health Camp from ^{10th} ~~10th~~ March to 15th March 2025.

Respected sir,

We from the department of Prasoothi Tantra Evam Stree Roga, request you to grant the permission for conducting Free Women's Health Camp from ^{10th} ~~10th~~ March to 15th March 2025, on the occasion of women's day.

The venue will be OPD of PTSR, room number 9 and the consultants will be Dr Shubha Muddanna, Dr Ranjitha and Dr Netravathi.

I kindly request you to approve the same.

Thanking you,

Approved

Forwarded
to
Principal Sir
for consideration
17/2/25

Yours faithfully,
Dr Shubha Muddanna
Dept. of Prasoothi Tantra Evam Stree Roga
SAMC & H Bangalore

Date: 04-MAR-2025

To,

Principal, Dr Alok Roy Sir,

SAMC&H

Bangalore

Respected Sir,

Subject: Requisition for 10 peace of Cu-T device, for Free women's health camp.

Respected Sir,

From the department of PTSR, we are conducting free women's health camp from 10th March to 15th March 2025. We kindly request you to provide us 10 pieces (minimum) of IUCD (Intra Uterine Contraceptive Device) for the camp.

Details:

- **Instrument:** IUCD [Intrauterine Contraceptive Device- COPPER T (Cu 375)]
- **Brand Name:** FREEDOM 5
- **Cost per peace:** Rs. 249/- (In words: Two hundred and forty nine rupees)
- **Cost per 10 peace:** Rs. 2,490/- (In words: Two thousand four hundred and forty rupees)

Thanking you,

Forwarded
to Principal
Sir

for
consideration

by
6/3/25

Approved
[Signature]

Yours faithfully,
[Signature]
Dr Shubha Muddanna



ಯಾದವರಾಜ್ ಟ್ರಸ್ಟ್ Yadalam Trust

ಸುಶ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ Sushruta Ayurvedic Medical College & Hospital

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

"Prashanti Kuteera" SVYASA Campus, Jodi Binglupura, Kallubalu Post, Jigani Hobli, Anekal Taluk, Bengaluru - 560 105,
☎ +91-9110659242 ✉ 2002ayyu0091@gmail.com 🌐 <https://sushrutahanyurvedicmedicalcollege.com>

NCISM CODE - AYU0091

RGUHS CODE - A005



CIRCULAR

Ref.no- Samch/Mop/ 17-03-2025

Date- 17/02/2025

We are pleased to announce that a general health camp will be conducted in (venue with full address) Soshrutha Ayurvedic Medical college and Hospital, Bengaluru.

Dept. of Prasanthi Tantra and Streetloga. OPD. no - 09.
on 10/03/2025 to 13/02/2025 from 9am to 4pm.

The following consultants are assigned to participate in this event.

1. Dr. A. Shubha . Madanna
2. Dr. Ranjitha. B.N.
3. Dr. Netawati. B. Aruna.

The following interns are assigned to participate in this event.

1. Akanksha. SD Mahesh
2. Greshma Gonda. SD Neha goyal.
3. Mohamed
4. Pragya.

Consultants and interns are requested to report to the campus 9am on the day of the camp & please ensure that you carry all necessary equipments and materials for required for your respective duties.

Your cooperation and dedication are highly appreciated. In making this health camp success.

Principal
Sushruta Ayurvedic Medical College
and Hospital, Bengaluru-560105.
NCISM Code - AYU0091



MEDICAL SUPERINTENDENT
Sushruta Ayurvedic Medical College & Hospital
"Prashanti Kuteera" Jodi Binglupura, Jigani Hobli,
Anekal Taluk, Bengaluru - 560 105



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Jodi Bingspura, Jiganti Hobli, Anekal Taluk, Bangalore - 560105
Email ID: Sushrutha.Ms@gmail.com
Website: <https://sushruthaayurvedicmedicalcollege.com>

FREE

Women's Health Camp

Department of Prasooti Tantra organizing 5days Medical health checkup camp for Women of all ages on the occasion of International Women's Day for Free.

Following will be provided Free:

- Gynecology and obstetrics Examination, Consultation for conditions like – White discharge, Excessive bleeding, PCOD/PCOS, absence of menstruation etc.
- Puberty Counseling and Consultation
- Infertility Counseling and Consultation
- ANC Routine
- Family Planning counseling
- Free PAP smear for health Screening.
- Free insertion of Cu-T & follow up.

Consultants:

Dr. Shubha Muddanna, Dr. Ranjitha B M, Dr. Netravati A.

Date : 10th March to 15th March

Time : 09:00 AM to 04:00 PM

PTSR OPD Room No. 09,

Sushrutha Ayurvedic Medical College & Hospital

Ph No: 080 29899084

instruments and sterilization.

Pap smear kit: College has generously provided with 26 Pap smear kits, which were collected and kept ready for the camp.

Cu-T kit: College has generously provided with 12 pieces, were kept ready for the camp.

Date: 02-APR-2025
Bangalore

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Date: 02-APR-2025
Bangalore

To,

Principal, Dr Alok Roy sir,

SAMC&H, Anekal Jigani
Bengaluru.

Respected sir,

Subject: FREE WOMEN'S HEALTH CAMP

REPORT

Respected sir,

On the occasion of International Women's month, we from the department of Prasoothi Tantra Evam Stree Roga, have successfully completed 3 weeks free women's health camp, starting from 10-MAR-2025 to 31-MAR-2025, in the OPD of Prasooti Tantra And Stree Roga, SAMC&H, Jigani, Anekal Taluk, Bengaluru South -560 105.

Preparation:

- There were 3 consultants, 1 nurse and 6 interns.
 - **Consultants:** Dr Shubha Muddanna, Dr Ranjitha B M and Dr Netravati B A.
 - **Nurse:** Sasmitha
 - **Interns:** Akansha, Mahesh, Thwarikh, Pragya, Neha, Greeshma

Banners: We had placed 5 banners inside and outside the campus.

Pamphlets: Pamphlets were designed, printed and distributed over 1,000 pamphlets in and around campus, BSR layout, kallubalu etc.

Set up: We had the OPD, IPD and Labor ward kept ready with all the instruments and sterilization.

Pap smear kit: College has generously provided with 26 Pap smear kits, which were collected and kept ready for the camp.

Cu-T kit: College has generously provided with 12 pieces, were kept ready for the camp.

11	Post menopausal syndrome	4
12	Vandhyatva (Infertility)	3
13	Yoni kandu	1
14	Amenorrhea	4
15	Irregular menstruation	2
	Delayed menstruation (Artava kshaya)	1
16		
17	Hypothyroidism	1
18	Obesity (Sthoulya)	3
Total		52

Thanking you,

Good

Yours faithfully,
Dr M Shubha
Professor & HOD
Department of PTSR
Dept of Postgraduate Studies & Research
KJ Somaiya Institute of Postgraduate Medical Education & Research

Medical Superintendent
SUGRUTHA AYURVEDIC MEDICAL COLLEGE & HOSPITAL
BENGALURU-560105

24/2/25

Inauguration Program schedule:

- **Time:** 10:30 am – 11:00 am
- **Venue:** Room No. 9, OPD of Prasooti Tantra And Stree Roga, SAMC&H, Jigani, Anekal Taluk, Bengaluru South -560 105.
- **Program:** Inauguration, lighting lamp, ganasha vandana and welcome speech by Dr Shubha Muddanna.
- **Speech:** Chief Guest speech by Dr Alok Roy sir and Dr Sangamitra patnayak madam.

Outcome and analysis:

1. Consultations were held in room number 09, in Prasooti Tantra And Stree Roga OPD, SAMC&H, Jigani, Anekal Taluk, Bengaluru South -560 105.

2. Consultant:

Days	Consultant
Monday	Dr Shubha M
Tuesday	Dr Shubha M
Wednesday	Dr Ranjitha
Thursday	Dr Ranjitha
Friday	Dr Netravati
Saturday	Dr Netravati

3. There was 1 nurse: Sasmitha
4. There were 6 Interns: Akansha, Mahesh, Thwarikh, Pragya, Neha, Greeshma
5. We successfully consulted 52 patients in the camp.
6. All females between the age group of 16 to 58 years.
7. Disease wise statistics are as follows,

Sl no.	Diagnosis	No. of patients
1	Uterine Fibroid	3
2	Family planning	1
3	Shwetha pradara (P/V white discharge)	3
4	PCOD/PCOS	10
5	ANC Check up	1
6	Dysmenorrhea (kastartava)	6
7	Stana shotha (Mastitis)	2
8	General Check up	1
9	Menorrhagia (Asrugdhara)	1
10	Referrals to another department	5