

To

Medical Superintendent,
Sushrutha Ayurveda Medical College and Hospital

Subject: Permission to conduct CBC Camp on the occasion of Women's Day

Respected Sir/Madam,

On the occasion of **International Women's Day**, the **Department of Roganidana** is planning to conduct a **CBC (Complete Blood Count) Screening Camp** on **9th March 2026** for the benefit of women.

The objective of this camp is to create awareness about women's health and to facilitate early detection of conditions such as **Anaemia and other haematological abnormalities**. This initiative will help promote preventive healthcare and encourage women to monitor their health regularly.

In this regard, we kindly request you to grant permission to conduct the **CBC camp on 9th March 2026** in our institution. The camp will be organized by the **Department of Roganidana** with the support of the laboratory staff and students.

We assure that the camp will be conducted in an organized manner following all necessary protocols.

Kindly grant permission for the same.

Thanking you.

Yours faithfully,

Approved

6/3/26




6/3/26



ಯಾದೃಮ್ ಟ್ರಸ್ಟ್ Yadalam Trust

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Sushruta Ayurvedic Medical College & Hospital

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

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CIRCULAR

Date: 6/03/2026

On the occasion of **International Women's Day**, the **Clinical Laboratory Department** is organizing a **Free Complete Blood Count (CBC) Test** for all **female staff members of SAMCH**, continuing our annual initiative to promote women's health and well-being organized by Department of Roganidana

Date: 9th March 2026

Time: 9:00 AM – 2:00 PM

Venue: Pathology Laboratory, SAMCH

All female staff members are encouraged to take advantage of this free health screening.




Principal

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Sushruta Ayurvedic Medical College
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Report on Free CBC Camp Conducted on the Occasion of International Women's Day

On the occasion of International Women's Day, a **Free Complete Blood Count (CBC) Camp** was organized by the **Department of Roganidana** in association with the **Clinical Laboratory** on **9th March 2026**. The camp was conducted at the **Ground Floor, Clinical Laboratory**, from **9:00 AM to 2:00 PM** with the objective of screening female staff for anaemia and assessing their haematological status.

The Camp was officially inaugurated by **Dr. Sanghamitra Patnaik MS, SAMCH**. The camp received a good response from the staff, and **40 female staff members** utilized the opportunity to undergo the **CBC test**. Blood samples were collected and analysed in the clinical laboratory using standard laboratory procedures. After proper analysis, the reports were dispatched at **3:00 PM** on the same day.

The analysis of the reports revealed that **more than 10 participants had haemoglobin levels below 10 g/dl**, indicating **moderate to severe anaemia**. Around **15 participants had haemoglobin levels between 10–12 g/dl**, suggesting **mild anaemia**. The remaining participants had haemoglobin values within the normal range.

Based on these findings, a **clinical assessment of anaemia** was carried out. In addition, the **evaluation of Rasavaha Srotas Dusti** was performed under the heading **"Clinical Assessment of Rasavaha Srotas Dusti Nidana in Correlation with CBC."** This assessment aimed to correlate classical Ayurvedic diagnostic concepts with modern haematological parameters. Symptoms and clinical indicators related to **Rasa Dhatu and Rasavaha Srotas Dushti** were evaluated among the participants and compared with the CBC findings, particularly haemoglobin levels and other haematological indices.

The camp helped in **early identification of anaemia among female staff**, creating awareness about the importance of regular health screening and the relevance of correlating **Ayurvedic diagnostic parameters with laboratory investigations**. Necessary advice regarding diet, lifestyle, and further medical consultation was suggested to the participants who showed abnormal findings.

The Department of Roganidana expresses sincere gratitude to the **Clinical Laboratory team** for their support in successfully conducting the camp and ensuring timely analysis and reporting of all samples.




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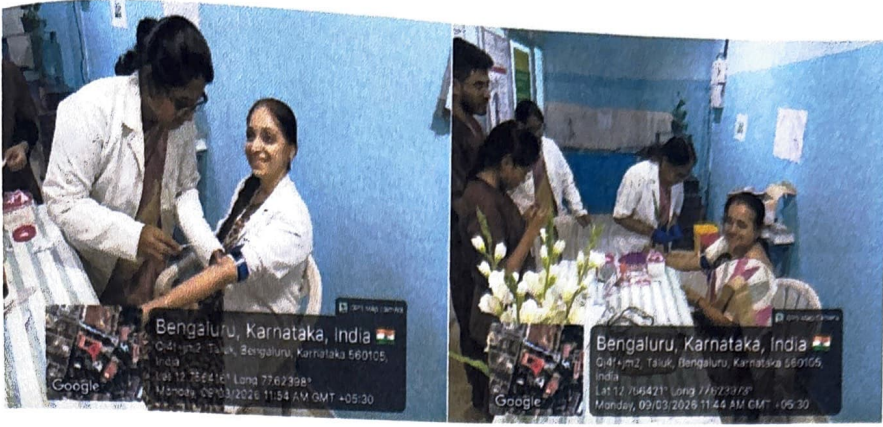
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