



ಯಾದವರ್ಮ ಟ್ರಸ್ಟ್ Yadalam Trust
ಸುಶ್ರುತ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ
Sushruta Ayurvedic Medical College & Hospital

(Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka)

"Prashanti Kuteera" SVYASA Campus, Jodi Bingipura, Kallubalu Post, Jigani Hobli, Anekal Taluk, Bengaluru - 560 105.

+91-9110659242 2002ayu0091@gmail.com https://sushrutaayurvedicmedicalcollege.com

NCISM CODE - AYU0091

RGUHS CODE - A005

CIRCULAR

Ref.no- SAMC&H/MED CAMP – 02/2026

Date: 8/03/2026

We are pleased to announce that from Department of Prasuti Tantra & Stree Roga. Free Womens health camp and Adolescent menstrual Health awareness talk will be conducted on behalf of Womens Day in Prince Academy Indlawadi village, Anekal taluk, Bangalore rural on 09/03/2026 from 10am 2pm.

The following consultants are assigned to participate in the event.

1. Dr.Ranjitha .
2. Dr. Shruthi.R

The following interns are assigned to participate in this event.

1. Bharat Reddy
2. Navya
3. Uddipta Sharma
4. Ruhul Amin

Consultants and interns are requested to report to camp site on the day of camp and please ensure that you carry all necessary equipment's and materials required for your respective duties.

Your Cooperation and dedication are highly appreciated in making this health camp successful.

Ranjitha
Professor & HOD

Department of Prasuti Tantra & Stree Roga
Sushruta Ayurvedic Medical College & Hospital
Bangalore - 560 105

[Signature]
MEDICAL SUPERINTENDENT
Sushruta Ayurvedic Medical College & Hospital
"Prashanti Kuteera", Jodi Bingipura, Jigani,
Anekal Taluk, Bengaluru - 560 105.

[Signature]
PRINCIPAL
Sushruta Ayurvedic Medical College
and Hospital, Bengaluru-560105.
NCISM Code - AYU0091



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REF: SAMC&H/MED CAMP – 2/2026

10/03/2026

MEDICAL CAMP REPORT

Free Women's Ayurveda Health Camp and Awareness Talk Report

Organized By: Department of Prasuti Tantra Evam Stree Roga

Agenda – Womens Day

Camp Date: [09/03/2026]

Location: Prince Academy , Indlawadi

1. Objective of the Camp

- Provide preventive and promotive Menstrual healthcare for high school girls, Teachers.
- Offer Ayurveda treatments and Raise awareness about lifestyle and dietary modifications in line with Ayurveda in Adolescent Menstrual Women's health.

2. Services Provided

- Ayurvedic Consultation , Diet & Lifestyle Counseling
- Awareness Talk on Adolescent Menstrual Health
- Distribution of Free Ayurvedic Medicines
- Awareness about irregular cycles, Menstrual hygiene, anaemia in school & puc girls.

3. Medical Team

- Dr.Ranjitha.B.M – Professor & Senior Consultant, SAMC&H
- Dr.Shruthi.R – Assistant Professor & Consultant, SAMC&H

- Bharat Reddy – Intern, SAMC&H
- Uddipta Sharma - Intern, SAMC&H
- Navya- Intern, SAMC&H
- Ruhul Amin - Intern, SAMC&H

4. Health Conditions Identified

Total Female Patients Consulted – 52

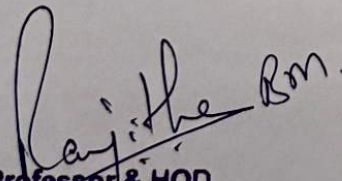
Condition	Number of Cases
Asrigdara	6
PCOS	7
Anaemia	6
Infertility	6
Artava Kshaya (Oligomenorrhea)	10
Sweta Pradara	5
Dysmenorrhea	4
Menopause/ General check up	8

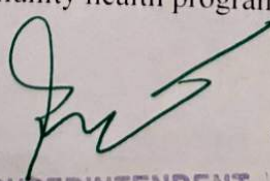
5. Feedback Summary

- Interest in monthly follow up camps
- Strong demand for menstrual health solutions without side effects

6. Conclusion

The Ayurveda Women's Health Camp successfully addressed many common women's health from teenage girls, Reproductive age and menopausal age staffs. The encouraging response and feedback affirm the growing trust in Ayurveda and the need to integrate such camps into community health programs regularly.


Professor & HOD
 Department of Prasuti Tantra & Stree Roga
 Sushruta Ayurvedic Medical College & Hospital
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To
The Principal
Prince Academy
Indlavadi Vilage
Anekal Taluk

Date: 04/03/2026

Through
The Department of Prasuti Tantra and Stree Roga
Sushruta Ayurvedic Medical College and Hospital
Prashanti kuteeram Jigani Hobli Anekal taluk, 560105

SUBJECT-Requisition to conduct the Awareness Talk and free medical camp on Women's Day

Respected sir,

With reference to above subject Department of Prasuti Tantra evam Stree Roga has planned free medical health checkup and Adoloscent Menstrual Health Awareness talk on 9/03/2026 from 10:00am- 12pm at your academy targeting high school, PUC girls and Female staff. So, we would like to request you to kindly co-ordinate and permit to conduct the camp in your academy and do the needful.

Thanking you

Yours sincerely,
Dr Ranjitha BM
HOD, Dept of Prasuti and Stree Roga
SAMC & H, Bangalore

PRINCIPAL
PRINCE ACADEMY

AFF.No:831210/SCHOOL CODE: 46842
Indlavadi (V & P), Anekal Taluk,
Bangalore - 562 106



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Bengaluru, Karnataka, India

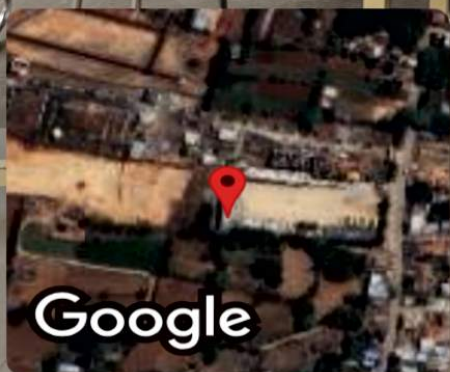
Harohalli Road, Indlawadi, Bengaluru, Karnataka 562106, India

Lat 12.730690, Long 77.635988

Monday, 09/03/2026 11:24 AM GMT+05:30

Note : Captured by GPS Map Camera





Indlawadi, Karnataka, India



Pjjp+f49, Indlawadi, Karnataka 562106, India

Lat 12.730585° Long 77.635897°

Monday, 09/03/2026 09:50 AM GMT +05:30

GPS Map Camera

