

SUSHRUTHA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL,
BENGALURU

(Recognised by NCISM, Ministry of AYUSH, New Delhi and affiliated to
RGUHS, Bengaluru Karnataka)

Report on Guest Lecture by Dr. Alokānātha

Topic: "Application of Samanya Vishesha Siddhanta in Charaka Samhita"

The Department of Samhitā, Siddhānta and Samskr̥itam organized an enlightening guest lecture on 29th April 2025, aimed at introducing the first-year BAMS students to the clinical importance of the Charaka Samhitā.

The program was inaugurated by Dr. Alok Roy, HOD, Department of Samhita, Siddhanta and Samskrita and Principal, SAMCH and hosted by Dr P Suganya Devi, Assistant Professor, Department of Samhita, Siddhanta and Samskritam. The session was delivered by the esteemed scholar and clinician, Dr. Alokānātha, Associate Professor, Department of Samhita and Siddhanta, ALN Rao Memorial Ayurvedic Medical college Koppa, Chikkamangalur.

Dr. Alokānātha, with his deep understanding of the classical texts and vast clinical experience, highlighted the foundational role Samanya Vishesha Siddhanta in Charaka Samhita of the Charaka Samhitā. He explained how concepts such of Samanya vishesha are not merely theoretical, but directly applicable to the diagnosis and treatment of diseases even in the present context.

The lecture served as an eye-opener for the new students, giving them a glimpse into how classical Ayurvedic knowledge forms the basis for clinical reasoning and patient care. Dr. Alokānātha also motivated the students to read the Charaka Samhitā not just as a textbook, but as a timeless guide for becoming compassionate and competent physicians.

The session concluded with an interactive discussion, where students eagerly raised questions and expressed their appreciation for the practical perspective shared.

The Department extended sincere thanks to Dr. Alokānātha by offering him the letter of Appreciation for his inspiring talk and for helping students connect with the clinical essence of Samanya vishesha siddhanta from the very beginning of their academic journey.

