

ಸುಶ್ರುತ ಆಯುರ್ವೇದಿಕ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ

Sushrutha Ayurvedic Medical College and Hospital (Recognized by NCISM, Ministry of AYUSH, New Delhi, Affiliated to RGUHS, Bengaluru, Karnataka) Jodi Bingipura, Jigani Hobli, Anekal Taluk, Bangalore-560106

REQUISITION LETTER

From

The HOD

Department of Panchakarma

Sushrutha Ayurvedic Medical College

Jigani, Bengaluru

To

Medical Superintendent

SAMC & H

Jigani, Bengaluru

Respected Madam,

Sub: Seeking permission for conducting Basti camp

As per the above subject we the Department of Panchakarma faculty are arranging Varshika Basti camp from 27/6/2025 till 26/8/2025 for Faculty, Hospital staff, non-teaching staff, PG students, Interns, BAMS students of Sushrutha Ayurvedic Medical College & Hospital and General Public.

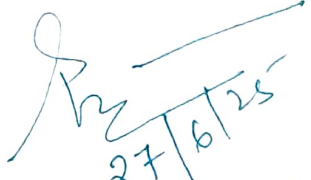
Venue: Panchakarma OPD

Kindly give us permission for the same and oblige.

Date: 25-06-2025

Place: Jigani, Bengaluru


HOD
Dept of Panchakarma
SAMC & H Bangalore-560 106


27/6/25
MEDICAL SUPERINTENDENT
Sushrutha Ayurvedic Medical College & Hospital
"Prashanthi Kuteera", Jodi Bingipura, Jigani
Anekal Taluk, Bengaluru - 560 106



ಯಾದಲಮ್ ಟ್ರಸ್ಟ್ Yadalam Trust

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Sushrutha Ayurvedic Medical College & Hospital

(Recognized by NCISM, Ministry of AYUSH, New Delhi. Affiliated to RGUHS, Bengaluru, Karnataka)

"Prashanthi Kuteera" SVYASA Campus, Jodi Singipura, Kallubatu Post, Jigani Hobli, Anekal Taluk, Bengaluru - 560 105.

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NCISM CODE - AYU0091

RGUHS CODE - A005



CIRCULAR

Date: 26/06/25

From: Medical Superintendent

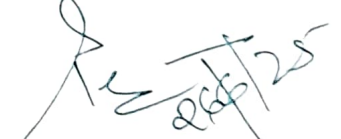
To: Teaching staff, non-teaching, hospital staff, PG scholars, Interns and BAMS students & general public

Venue- Panchakarma OPD

Sub- Varshika Basti Camp (Basti in Varsha Ritu)

Date: 27/6/2025 till 26/8/2025

This is to bring your notice that as a part of NCISM curriculum we the Panchakarma department faculty have scheduled Basti camp in Varsha Ritu for Teaching staff, non-teaching, hospital staff, PG scholars, Interns and BAMS students of Sushrutha ayurvedic medical college & Hospital, Bengaluru & general public.


Signature of the MS

Copy to,

Director

Principal

PG coordinator

Academic dean

MEDICAL SUPERINTENDENT
Sushrutha Ayurvedic Medical College & Hospital
"Prashanthi Kuteera", Jodi Singipura, Jigani Hobli,
Anekal Taluk, Bengaluru - 560 105

SUSHRUTHA AYURVEDA MEDICAL COLLEGE AND HOSPITAL

Prashanti Kuteeram, Jodi Bingipura, Jigani Hobli Anekal Bengaluru

(Recognised by NCISM, Ministry of AYUSH, New Delhi and affiliated to RGUHS, Bengaluru Karnataka)

Department of Panchakarma

Varshika Basti Camp 2025 Report

Date: 27/6/2025 till 26/8/2025

Venue: Panchakarma OPD

Introduction: Department of Panchakarma had organized Varshika Basti Camp from 27/6/2025 till 26/8/2025 as a part of Varsha Ritu Shodhana. Camp was conducted with the help of various clinical departments like KC, KB, SRPT, SHALYA, SHALAKYA.

Camp Summary:

According to gender-

Male-43

Female-44

According to disease-

Pakshaghata -4

Gridhrasi – 7

Sthoulya- 1

Swastha – 2

Katigraha – 7

Sarvangavata – 6

Vishwachi – 1

Post Menopausal Syndrome – 2

Vandhyatwa – 2

Khalli – 1

Janusandhi Gata Vata – 6

Kaphaja Pratishyaya – 1

Dhanustamba – 1

Bhadharya – 2

Prameha –1

Amavata – 2

Sandhigata Vata – 1

Mutraghata – 1

Mutrakricchra – 1

Corneal Dystrophy – 1

PCOD – 1

Ardhanga Vata – 1

GDD+Spastic Cp – 1

CKD – 1

Kitibha – 1

According to department-

PTSR-8

PK-31

KC-37

Shalya-4

Shalakya-5

KB-2

According to types of Basti

Yoga Basti-33

Kala Basti-3

Karma Basti-0

Matra basti-51

According to varieties of Basti

Erandamoola Basti - 14

Dashamoola Niruha Basti - 4

Baladi Niruha Basti - 1

Mustadi Yapana Basti - 2

Vaitarana Basti - 1

Lekhana Basti - 1

Doshahara Basti - 1

Erandamoola+Baladi Niruha Basti - 1

Total variety of Basti-87

Total no of Bastis administered - 666



HOD
Dept of Panchakarma
SAMC & H Bangalore-560 105